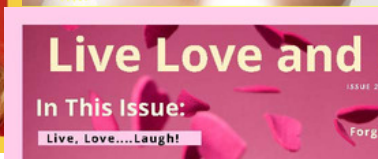
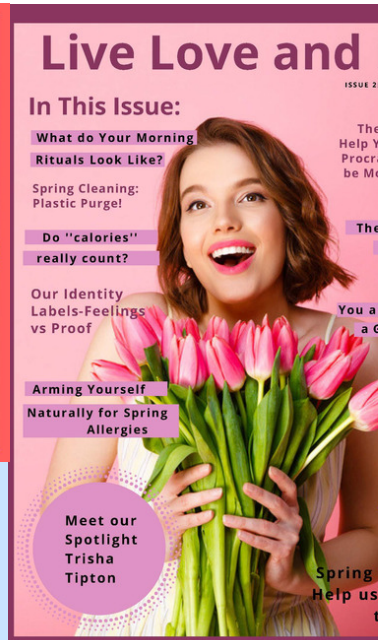


Toolkit

THE LIVE LOVE AND EAT MAGAZINE



THANK YOU FOR YOUR INTEREST IN CONTRIBUTING TO THE LIVE, LOVE AND EAT MAGAZINE.

The Live, Love And Eat is a monthly magazine dedicated to celebrating life, nutrition, self-care and well being. All articles are written by health coaches and professionals whom have all overcome their own personal life and health challenges. The Magazine features insightful articles, simple and healthy recipes, health news, motivational quotes and regular book features.

WHAT MAKES A GOOD ARTICLE?

Articles in The Live, Love and Eat Magazine should inspire the readers.

What makes a good article?

Just be your True Self.

Write something that you are familiar with.



IS THERE A WORD COUNT?

There is no word count



DOES A TITLE NAME MATTER FOR THE ARTICLE?

Yes, please include a Title name with your article.



IS THERE A THEME EVERY MONTH?

Yes there is a theme every month, and it will be discussed on the private Facebook page for contributors.



SHOULD I INCLUDE IMAGES WITH MY ARTICLE?

It is not a recommendation but if you want to include your own images you are more than welcome. Please note that all images should be sharp and into focus. Please do not use images from google, please use images that you have permission to use. Like iStock, Canva etc...

IS THERE A DEADLINE FOR SUBMITTING ARTICLES?

Yes, the Deadline for submitting articles is on or before the 15th of each month.

HOW DO I SUBMIT ARTICLES?

Email article to: ***bernadine@liveloveandeatmagazine.com*** for consideration.

The articles should be submitted as a word document.



DO I GET PAID TO WRITE AN ARTICLE?

Unfortunately, you do not get paid to write an article for The Live, Love And Eat Magazine. I do feature you on Social media, Facebook, twitter, etc. I also feature you on the Live, Love and Eat Magazine's Website.

HELP PUSH OTHERS UP

- Please write a review for the Magazine on Amazon and share with your tribes to do the same.
- Please "like" our Facebook status updates.
- "Share" articles and posts on Facebook, twitter or any other social media with your tribes about the Live, Love And Eat Magazine. So that people can see what wonderful work you are doing out there

we are all in this together

Email: bernadine@liveloveandeatmagazine.com

Website: <http://www.liveloveandeatmagazine.com/>

Facebook: <https://www.facebook.com/LiveAndLoveBernadine/>

Twitter: <https://twitter.com/dienkie1>

